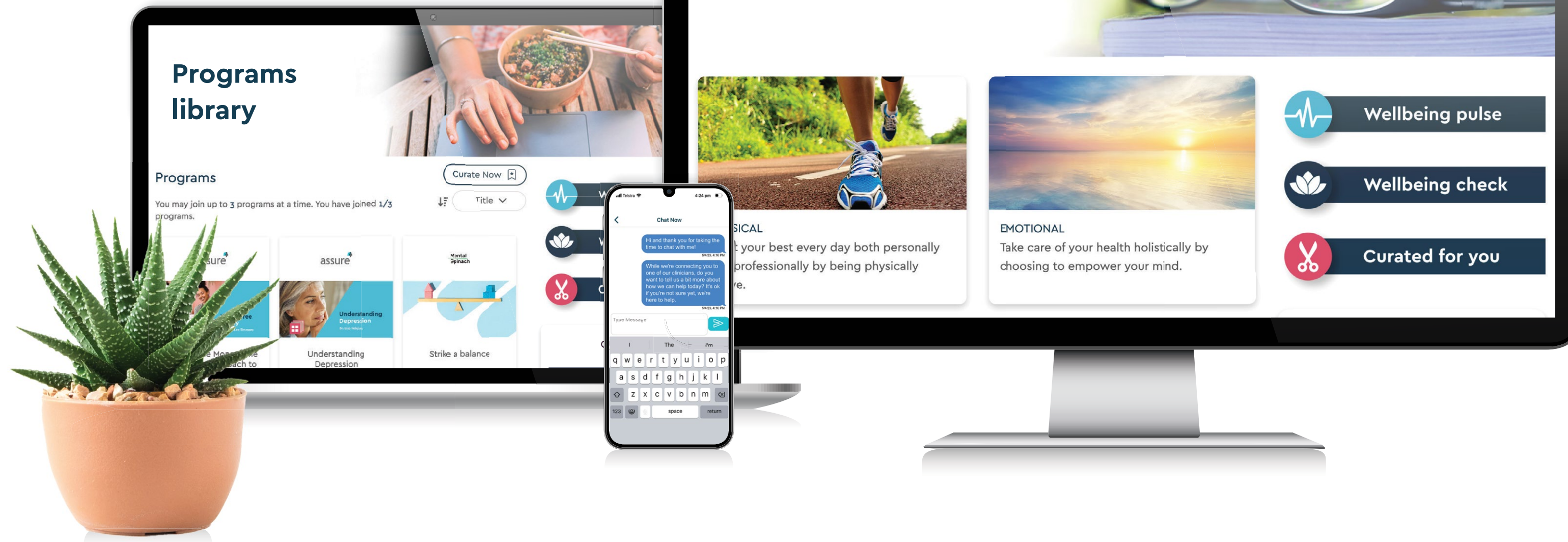


# Wellbeing Gateway

Helping you achieve your wellbeing goals.



- 1 Complimentary, **confidential wellbeing support** for you and your family
- 2 Achieve your wellbeing goals through **self-paced programs** and **activity challenges**
- 3 **24/7 access to chat** with a health professional or request to book an appointment
- 4 Track your wellbeing with the **wellbeing pulse** and **wellbeing check tool**, a scientifically validated survey
- 5 Fresh and **extensive content library** in a variety of formats

**Register today**  
wellbeinggateway.com



Company Code:

**We're here to help**

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