|  |  |
| --- | --- |
| C:\Users\susanb\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Word\PRIMARY_A_Vertical_Housed_RGB.PNG | HEALTH & Safety  Basic First Aid Kit Contents |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Location Name: |  | Building No: |  | Date: |  |
| Assessed by: |  | | | | |

# General Standard items

|  |  |  |
| --- | --- | --- |
|  | Quant. | Item |
|  | 1 | Adhesive dressing strips -plastic or fabric, packet of 50 |
|  | 2 | Dressing combine pad 9x20cm |
|  | 5 packs | Gauze swabs 10x10, sterile |
|  | 6  3  3 | Non adherent wound dressing/pad:  5x5cm  7.5x7.5cm (medium)  10x10cm (large) |
|  | 3  3  1 | Conforming crepe bandage:  5cm  7.5cm  10cm |
|  | 2 | Triangular bandage minimum width 110 x 155cm |
|  | 2 | Eye pads single use |
|  | 5 pairs | Disposable nitrile gloves (nitrile is a latex free rubber suitable for people with a latex allergy) |
|  | 1 | Adhesive tape non-stretch hypoallergenic 2.5cm wide roll |
|  | 1 | Emergency accident blanket |
|  | 4 | Saline 30ml |
|  | 1 | Instant cold pack for treatment of soft tissue injuries and some stings |
|  | 1 | Resuscitation Face mask or face shield with one-way valve |
|  | 1 | scissors |
|  | 1 | disposable tweezers (optional) |
|  | 2 | plastic bags for disposal |
|  | 1 | Notebook and pencil/pen |
|  | 1 | First Aid Instructions /quick reference guide |
|  | 4 | Disposable surgical masks |
|  | 1 | Alcohol based hand sanitizer 50ml |

# Eye Module (if Applicable)

This module needs to be included in first aid kits in any workplace where chemical liquids or powders are handled in open containers; spraying, hosing, compressed air or abrasive blasting operations are carried out; there is any possibility of flying particles; welding, cutting or machining operations are conducted; wearing of eye protection is recommended. The module needs to be kept in a container that clearly identifies its contents and purpose. This module does not necessarily replace the need to provide general eye wash facilities in workplaces with particular hazards.

|  |  |  |
| --- | --- | --- |
|  | Quant. | Item |
|  | 1 | One litre eye wash (for single use) and/or access to eye wash station |
|  | 6 | sterile eye pads (packet) |
|  | 1 | adhesive tape |
|  | 1 | first aid notes (for eye injuries) |

# Burns Module (if applicable)

This module needs to be included in first aid kits in any workplace where there is a possibility of a person receiving a serious burn. Such workplaces may include those where heat is used (e.g., in kitchens, workplaces where welding work is done) flammable liquids are used; chemical acids or alkalines are used, or other corrosive chemicals are used.

|  |  |  |
| --- | --- | --- |
|  | Quant. | Item |
|  | 6 | assorted size burns dressings |
|  | 1 | clean polythene film (cling wrap), or large sheeting (for covering burns) |
|  | 1 | 7.5 cm cotton conforming bandage |
|  | 3 | hydrogel, 8 x 3.5-gram sachets (optional) |
|  | 6 | hydrogel dressings (optional) |
|  | 1 | burn treatment instructions |

# Hydrofluoric Acid Module (if applicable)

This module needs to be included in first aid kits in any workplace where hydrofluoric acid is stored, handled or used.

|  |  |  |
| --- | --- | --- |
|  | Quant. | Item |
|  | 1 | 2.5% calcium gluconate gel |
|  | 3 | Pairs of neoprene/nitrile gloves |

# REMOTE LOCATION MODULE (IF APPLICABLE)

The remote location module will be used alongside with the basic kit for field trips. The appropriate contents will vary according to the location, and the nature of the work and its associated risks.

|  |  |  |
| --- | --- | --- |
|  |  |  |
|  | 1 | Emergency reference manual |
|  | 2 | Snake bite bandages or elasticised bandages 10 – 15cm (for snake bites) |
|  | 1 | Clean polythene film (cling wrap) or large sheeting (for covering burns) |
|  | 1 | Thermal blanket (to protect from the cold) |
|  | 1 | Whistle (for attracting attention) |
|  | 1 | Torch/flashlight |
|  | 1 | Limb splint |

# MEDICATIONS (OPTIONAL)

The First Aid Risk Assessment for your area may determine that further items are required in addition to the above including medications. No personal medicines are to be stored in first aid kits. Any administration of medication from a first aid kit will be subject of direction from responding emergency personnel.

|  |  |  |
| --- | --- | --- |
|  |  |  |
|  | 1 | Asthma-relieving inhaler and a spacer to treat asthma attacks |
|  | 2 | Auto-injector for the treatment of anaphylaxis (commonly known as an EpiPen) |
|  | 1 | 300 mg of dissolvable aspirin for the treatment of chest pain, to be administered on the instruction of Ambulance Victoria or a registered health professional |

Further information <https://safety.unimelb.edu.au/safety-topics/first-aid-equipment> or contact your local [Health and Safety Business Partner](https://safety.unimelb.edu.au/health-and-safety-contacts).