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|  | health & safety respiratory protective equipment – selection and use |

1. **Purpose**

To select the appropriate respiratory protective equipment for activities where there is a risk of inhalation of airborne contaminants entering into the nose, mouth and/or lungs.

1. **Brief overview of types**

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| **Type** | **Example** | **Use** |
| **Dust Masks** |  | Dust masks are disposable respirators that are fitted with a particulate filter, usually referred to as a P1 or P2 filter/mask.  They cover the mouth and nose and protect the wearer against airborne contaminates including dusts, mists, liquids and some fumes, but not gases or vapours. |
| **Respirators** |  | A half-face respirator encloses the lower half of the face and can be fitted with one or more filters. The filters can be replaceable or fixed to the respirator. The overall performance of the respirator depends on the class and type of filter that is fitted.  A full-face respirator covers the eyes, nose and mouth. These respirators are fitted with cups which cover the mouth and nose. The inner cups reduce steaming-up of the visor. Some full-face respirators are fitted with speech diaphragms, some also have means to fit spectacles within the face piece. The visor provides protection of the eyes against dust and gases.  There are different filter types for both half-face and full-face respirators. This means that the wearer must identify the harmful gases or vapours in the workplace and match it with the filter that reduces exposure. |

1. **Selection**

* All types of respiratory protective equipment must comply with Australian Standard AS/NZS 1715:2009 – Selection, Use and Maintenance of Respiratory Protective Equipment. This guideline will outline other Australian standards that are applicable in selecting various types of respiratory protective equipment.
* Personal Protective Equipment (PPE) is the lowest order risk control. Always consider other forms of controls first, this should be documented in your Risk Assessment or Standard Operating Procedure.
* When selecting respiratory protective equipment there are a number of factors that need to be considered:
  + The work environment and the potential respiratory hazards that you are exposed to, which will help determine the most appropriate type of respiratory protective equipment.
  + Some respiratory protective equipment is designed to protect you from dust and low risk particulates, whilst others are designed to protect you from ultra-fine particulates and vapours.
* Ensure the respirator fits well.
  + The respirator must form an airtight seal on the face to prevent contaminants from bypassing the filters/cartridges.
  + Disposable and half-face respirators must cover the nose and mouth. Full-face respirators must cover the eyes, nose and mouth.
  + Facial hair, even as little as one days growth can have a negative impact on the performance of a respirator.
  + Adjustable straps of the respirator should hold it tight against the face and create a seal.
* Ensure the respirator passes the seal test
  + To test the seal, cover the filter(s), block with your hand(s) and inhale. If the respirator tried to collapse from the negative pressure created by inhaling, then a sufficient seal has been achieved.
  + If a seal has not been achieved, adjust the straps and repeat.
  + Perform this seal test every time you use a respirator.

1. **Filter/cartridge life expectancy**

* In use filters/cartridges should be replaced at least every six months to prevent inhalation of contaminants. The usable life and replacement schedule of filters/cartridges may need replacing more often than six monthly, based on the following:
  + concentration of contaminants in the air;
  + rate of inhalation of operator; and/or
  + suitable storage (away from contaminants) of filters when not in use.
* If a respirator is becoming harder to breathe through, then replace the filters/cartridges as they are possibly almost full.
* If you can smell contaminant through the respirator it is too late and you have been exposed to the contaminant. Stop using the respirator immediately and change the filters / cartridges.

1. **Care and maintenance**

* Respirators should be stored in a sealed container when not in use to prevent airborne (or other) contaminants from settling on the respirator and becoming a hazard to your respiratory system.
* Sharing of respirators is not recommended as improper cleaning can lead to the spread of illness and disease.
* If sharing of respirators is required, operators must thoroughly clean the respirator before and after use. Use alcohol swabs to clean the rubber parts if the respirator, paying close attention to the inner surfaces and sealing surfaces. Allow the respirator to dry and then place in into its sealed storage container.
* If you have your own respirator, as well as regular cleaning of the mask, once yearly the respirator should be stripped down and the valves cleaned, inspected and replaced as necessary.

1. **Signage**

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| **Sign** | **Meaning** |
| Z:\OHS\PPE Photos\Dust Mask Sign 2.jpg | Dust masks are mandatory in this area at all times. |
|  | Full face respirators are mandatory in this area at all times. |
|  | Half face respirators are mandatory in this area at all times. |
|  | Self-contained breathing apparatuses (SCBA) are mandatory in this area at all times. |

1. **Respirator filters and cartridges**

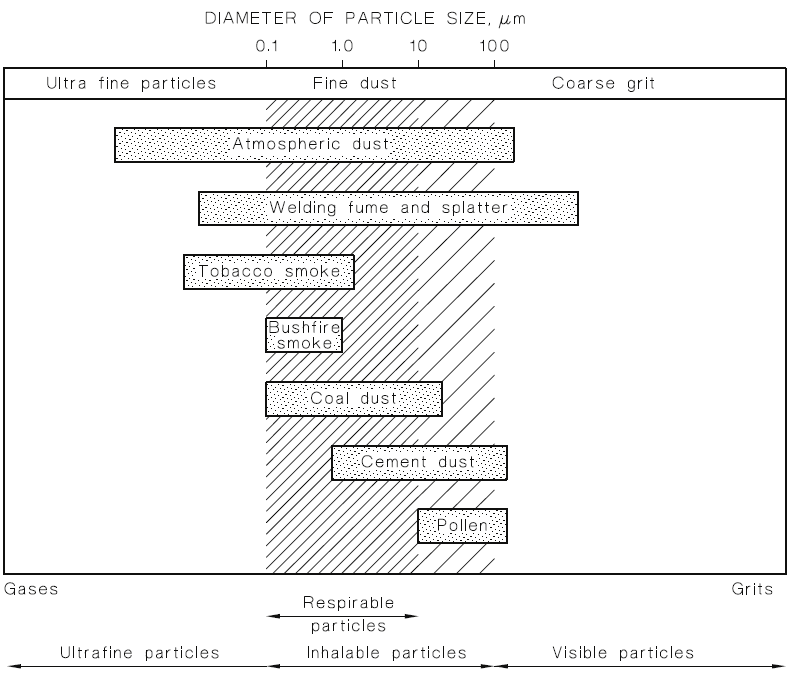
AS/NZS 1716:2012 – Respiratory Protective Devices details the types of particulate and gas filters and their capacity that are available in Australia.

Air-purifying cartridges are types of cartridges that function by removing contaminants from the air. They have filters that remove contaminants by passing the ambient air through the air-purifying element before it reaches the user.

Particulate filters capture particulates in the air such as dusts, mists and fumes. They do not protect the user against gases or vapours. Particulate filters are classified into three groups, relative to the particulate size filtration capacity and toxicity of the particulate. Refer to table below.

## 7.1 Particulates

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| **Class of Particulate Filter** | **Type of Particulate** | **Particulate Size** | **Availability** |
| P1 | Mechanically generated particulates, e.g. silica and chrysotile | Up to 100 µm | Powered, replaceable, and disposable |
| P2 | Mechanically and thermally generated particulates, e.g. metal fumes | < 10 µm | Powered, replaceable, and disposable |
| P3 | All particulates including highly toxic materials, e.g. beryllium | - | Powered and replaceable.  ***NOTE For P3 filter classification, a full-face respirator is required. When a P3 filter is used in a half-face respirator it has a protection factor equivalent to a P2 filter.*** |



**Particulate sizes:**

* *100 µm size particulates are inspirable or inhalable.*
* *<10 µm size particulates are respirable.*

Inspirable particulates do not enter the lungs as deeply as respirable ones but may be associated with sensitisation or systemic poisoning.

Respirable particulates can penetrate deep into the lungs.

Source: *AS / NZS 1715:2009 Selection, Use and Maintenance of Respiratory Protective Equipment.*

**Size range of common particulates**

## 7.2 Gas and Vapours

Gas and vapour filters and cartridges are usually used when there are gas or vapour hazards in the air. There are a number of respirator gas filters that are used to remove specific gases or vapours; these do not protect the user against particulates. It is important that your Risk Assessment identifies the chemical hazard/s you may be exposed to in order to select the appropriate cartridge.

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| **Filter Types for Gases and Vapours** | | |
| **Filter** | **Examples of Contaminants / Uses** | **Cartridge Colour** |
| Type A – organic vapours | Solvents (with boiling point above 65°C) | Brown |
| Type B AUS or B1 – acid gases | Chlorine / sterilization of water, chemical manufacture, hydrogen chloride / chlorinated organic chemical manufacture, steel pickling | Grey |
| Type B2 and B3 – acid gases and hydrogen cyanide (HCN) | Plastics manufacture, gold ore refining, HCN fumigation | Grey |
| Type E – sulphur dioxide (SO₂) | SO₂/casting of metals, bleach manufacture, manufacture of sulphuric acid, fertilizer manufacture, metal cleaning, petroleum refining | Yellow |
| Type G – agriculture chemicals | Low vapour pressure (below 1.3 Pa at 25°C) organic vapours, pesticide spraying, mixing manufacture | - |
| Type K – Ammonia (NH₃) | NH₃/refrigeration, manufacture of fertilizers, explosives, plastics, low boiling point amine/chemical manufacture | Green |
| Type AX - Low boiling point organic compounds (below 65°C) | As specified by the manufacturer, e.g. dimethyl ether, vinyl chloride | Brown |
| Type NO - Oxides of nitrogen | Oxides of nitrogen | Blue |
| Type Hg – Mercury | Metallic mercury/chemical industry, inorganic-mercury compounds | Red |
| Type MB - Methyl bromide | Fumigation | - |

Gas filters are further classified into one of the following absorption capacity classes

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| --- | --- |
| **Class of Gas Filter** | **Absorption Capacity** |
| Class AUS | Low absorption capacity filters |
| Class 1 | Low to medium absorption capacity filters |
| Class 2 | Medium absorption capacity filters |
| Class 3 | High absorption capacity filters |

***\*\*\*NOTE – Where there is a hazard of both gas/vapours and particulates, both types of filters must be used.***

1. **Protection factors**

AS/NZS 1715:2009 – Required minimum protection factor (MPF) for any situation is the factor that is necessary to reduce the exposure of the wearer below an acceptable level or exposure standard or to minimise the potential exposure.

Ambient Airborne Concentration

Acceptable Exposure Level/Standard

MPF =

If the exposure standard of a substance is set as a peak limit, then the measurement should be taken of the peak ambient concentration. If the exposure standard is a time-weighted average, measurements should be taken to estimate the eight-hour exposure level.

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| **Required Minimum Protection Factor** | **Suitable Respirator Protective Equipment – Particulates** | |
| **Mechanically Generated Particulates** | **Thermally Generated Particulates** |
| Up to 10 | * P1, P2 or P3 filter half facepiece replaceable filter * P1 or P2 disposable facepiece * Powered Air-Purifying Respirator (PAPR)-P1 Filter in PAPR with head covering or facepiece | * P2 or P3 filter half facepiece replaceable filter * P2 disposable facepiece |
| Up to 50 | * P2 filter in a full facepiece * PAPR-P2 filter in PAPR with any head covering or full facepiece * PAPR-P3 filter in PAPR with any head covering * Half facepiece with positive pressure demand or continuous flow air-line * Half facepiece – air-hose with electronic blower | * P2 filter in a full facepiece * PAPR-P2 filter in PAPR with any head covering or full facepiece * PAPR-P3 filter in PAPR with any head covering * Half facepiece with positive pressure demand or continuous flow air-line * Half facepiece – air-hose with electronic blower |
| Up to 100 | * P3 filter in full facepiece * Full facepiece air-hose (hose mask) natural breathing type | * P3 filter in full facepiece * Full facepiece air-hose (hose mask) natural breathing type |
| 100+ | * PAPR-P3 filter in PAPR with full facepiece or head covering and blouse * Head covering air-hose with electrical blower * Head covering air-line respirator – continuous flow * Full facepiece air-line respirator – positive pressure demand or continuous flow modes * Full facepiece air-hose with electric blower | * PAPR-P3 filter in PAPR with full facepiece or head covering and blouse * Head covering air-hose with electrical blower * Head covering air-line respirator – continuous flow * Full facepiece air-line respirator – positive pressure demand or continuous flow modes * Full facepiece air-hose with electric blower |

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| **Suitable Respirator Protective Equipment – Gas and Vapours** | | |
| **Required Minimum Protection Factor** | **Maximum gas/vapour concentration present in air ppm (by volume)** | **Suitable Respirator Protective Equipment** |
| Up to 10 | 1 000 | * Class AUS, 1,2 or 3 filter with half facepiece replaceable filter or disposable facepiece * Class PAPR-AUS, PAPR-1 or PAPR-2 filters in a PAPR with any head covering or facepiece |
| Up to 50 | 1 000 | * Class AUS or Class 1 filter with full facepiece |
| Up to 50 | 5 000 | * Half facepiece air-line respirator with positive pressure demand – or continuous flow * Half facepiece air-hose with electric blower |
| Up to 100 | 5 000 | * Class 2 filter with full facepiece * Class PAPR-2 filters, with full facepiece PAPR |
| Up to 100 | 10 000 | * Class 3 filter with full facepiece * Full facepiece air-line respirator – negative pressure demand * SCBA negative pressure demand * Full facepiece air-hose (hose mask) natural breathing type |
| 100+ |  | * Full facepiece, head covering or air-supplied suit with air-line respirator – positive pressure demand or continuous-flow * SCBA positive pressure demand * Full facepiece air-hose with electric blower |

1. **Detailed description of types**

## 9.1 Half-face respirators

A half-face respirator encloses the lower half of the face and can be fitted with one or more filters. The filters can be replaceable or fixed to the respirator. The overall performance of the respirator depends on the class and type of filter that is fitted. It may be difficult to achieve a satisfactory fit with a half-face respirator due to the complexity of the shape of the face. If the wearer has facial hair and/or wears prescription spectacles this can reduce the performance of the respirator.

Half-face respirators are low performance devices, with a minimum protection factor of up to 10 when:

* fitted with gas filters, with a maximum gas/vapour concentration of 1000 ppm;
* fitted with any particulate filter;
* fitted with any combination gas and particulate filters.

## 9.2 Full-face respirators

A full-face respirator covers the eyes, nose and mouth. These respirators are fitted with cups which cover the mouth and nose. The inner cups reduce steaming-up of the visor. Some full-face respirators are fitted with speech diaphragms, some also have means to fit spectacles within the facepiece. The visor provides protection of the eyes against dust and gases. It may be difficult to achieve a satisfactory fit with a full-face respirator if the wearer has facial hair and/or if they wear prescription spectacles. Close fitting facepieces may cause discomfort and/or heat build-up.

Full-face respirators are low to moderate performance devices. The minimum protection factor (MPF) can vary from up to 10, to up to 100 depending on the type of filter fitted to the facepiece.

* When fitted with particulate filters only, the MPF against particulates is:
  + Up to 10 when fitted with P1 filters
  + Up to 50 when fitted with P2 filters
  + Up to 100 when fitted with P3 filters
* When fitted with gas filters only, the MPF against gases is:
  + Up to 50 when fitted with Class AUS and Class 1 gas filter only, and with a maximum gas/vapour concentration in air of 1000 ppm.
  + Up to 100 when fitted with Class 2 gas filters only, and with a maximum gas/vapour concentration in air of 5000 ppm.
  + Up to 100 when fitted with Class 3 gas filters only, and with a maximum gas/vapour concentration in air of 10 000 ppm.
* When fitted with gas and particulate filters with MPF of the respirator is given by the MPF assigned to the relevant filter class, e.g. with A1 gas filters (MPF up to 50) and P3 particulate filters (MPF up to 100).

## 9.3 Dust masks

A dust masks are disposable respirators that are fitted with a particulate filter, usually a P1 and P2 filter. They cover the mouth and nose and protect the wearer against airborne contaminants including dust, mists, liquids and some fumes, but not gases or vapours.

Dust masks are not suitable where:

* Contaminant concentrations are dangerous to life and health, unknown or exceed the relevant exposure standard
* Toxic gases or vapours are present
* A satisfactory fit of the mask is not obtained due to facial hair or other characteristics that prevent a good seal between the edge of the mask and the wearer’s face
* If the atmosphere is deficient in oxygen, a confined space or poorly ventilated area
* If there is a smell or taste of a contaminant and/or if persons in the area experience nose and/or throat irritation

1. **Understanding the cartridge (examples)**

**Example 1 – Cartridge AXP3**

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| **AX** | **P3** |
| Low boiling point organic compounds (boiling point less than 65°C) | All particulates including highly toxic materials |

**Example 2 – Cartridge A1HgP3**

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| **A1** | **Hg** | **P3** |
| Organic gases and vapours with low to medium absorption capacity filters | Metallic mercury | All particulates including highly toxic materials |

**Example 3 – Cartridge A1B1E1K1**

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| --- | --- | --- | --- |
| **A1** | **B1** | **E1** | **K1** |
| Organic gases and vapours with low to medium absorption capacity filters | Inorganic gases and vapours with low to medium absorption capacity filters | Sulphur dioxide and other acid gases and vapours with low to medium absorption capacity filters | Ammonia and organic ammonia derivatives with low to medium absorption capacity filters |

**Example 4 – Cartridge A2B2E2K2P3**

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| --- | --- | --- | --- | --- |
| **A2** | **B2** | **E2** | **K2** | **P3** |
| Organic gases and vapours with medium absorption capacity filters | Inorganic gases and vapours with medium absorption capacity filters | Sulphur dioxide and other acid gases and vapours with medium absorption capacity filters | Ammonia and organic ammonia derivatives with medium absorption capacity filters | All particulates including highly toxic materials |

1. **Selecting an appropriate respirator cartridge**

| **Hazard Types** | | **Type of Filter to Wear** | **Things to consider when selecting** |
| --- | --- | --- | --- |
| * Mechanically generated particles * Silica dust. | * Chrysotile | * P1 | * A P1 particulate filter will not provide protection against anything more that. |
| * Solid and liquid particles that do not contain oil. * non-toxic dusts from sanding, grinding, sawing and insulating particles | * Non-toxic household cleaners and disinfectants. | * P2 | * P2 particulate filter - Mechanically and thermally generated particulates. |
| * Solid and liquid particles, including those containing oil. * Mist droplets from spraying. | * Dusts, mists, and fumes from sanding, grinding, cutting, drilling metal. | * P3 | * P3 particulate filter – All particulates including highly toxic materials. |
| * Agricultural chemicals such as pesticides and herbicides wish a low vapour pressure. | | * GP1 | * Filter Type G – Organic compounds with vapour pressures less than 1.3 Pa at 25°C. * P1 particulate filter – Mechanically generated particulates. |
| * Non-toxic particulate matter such as dust from sanding, sawing, grinding, and sweeping. | * Non-toxic particulate matter such as odours from solvents, degreasers and paint thinners. | * Carbon layer odour reduction respirator with a GP2 filter. | * Filter Type G - Organic compounds with vapour pressures less than 1.3 Pa at 25°C. * P2 particulate filter - Mechanically and thermally generated particulates. * A GP2 filter is used in non-toxic oil and non-oil environments. |
| * Organic vapours with a boiling point greater than 65°C. * Organic solvents such as toluene, and xylene. | * Paint thinners, lacquers and glues. | * A1 | * Filer Type A – Organic gases and vapours. * Class 1 filter – Low to medium absorption capacity filter. |
| * Organic vapours with a boiling point greater than 65°C. * Organic solvents such as toluene, and xylene. | * Paint thinners, lacquers and glues. | * A2 | * Filter Type A – Organic gases and vapours. * Class 2 filter – Medium absorption capacity filters. * A2 filter provides protection against the same chemicals as A1 filter. A2 is used when persons are exposed to higher concentrations. |
| * Ammonia | * Methylamine | * K1 | * Filter Type K - Ammonia and organic ammonia derivatives. * Class 1 filter – Low to medium absorption capacity filter. |
| * Low boiling point organic vapours (boiling point < 65°C). | * Highly volatile solvents such as methanol and 1,3-Butadiene. | * AXP3 | * Filter Type AX – Low boiling point organic compounds (boiling point is less than 65°C). * P3 particulate filter – High absorption capacity filter. |
| * Organic vapours with a boiling point greater than 65°C. | * Solvents and/or acid gases such as toluene, chlorine, sulphur dioxide, and hydrochloric acid. | * A1B1E1 | * Filter Type A – Organic gases and vapours. * Filter Type B – Inorganic gases and vapours. * Filter Type E – Sulphur dioxide and other acid gases and vapours. * Class 1 filter – Low to medium absorption capacity filter. |
| * Organic vapours with a boiling point greater than 65°C. * Inorganic vapours and acid gases * Acid gases * Chlorine * Hydrogen chloride | * Sulphur dioxide * Hydrogen fluoride * Hydrogen sulphide * Ammonia * Methylamine * Formaldehyde | * A1B1E1K1 | * Filter Type A – Organic gases and vapours. * Filter Type B – Inorganic gases and vapours. * Filter Type E – Sulphur dioxide and other acid gases and vapours. * Filter Type K – Ammonia and organic ammonia derivatives. * Class 1 filter – Low to medium absorption capacity filter. |
| * Organic vapours with a boiling point greater than 65°C. * Mercury vapours. | * Chlorine Gas and particulates | * A1HgP3 | * Filter Type A – Organic gases and vapours. * Filter Type Hg – Metallic mercury. * Class 1 filter – Low to medium absorption capacity filter. * P3 particulate filter – All particulates including highly toxic materials. |
| * Organic vapours with a boiling point greater than 65°C. * Chlorine * Hydrogen chloride | * Sulphur dioxide * Hydrogen fluoride * Hydrogen | * A2B2E2K2P3 | * Filter Type A – Organic gases and vapours. * Filter Type B – Inorganic gases and vapours. * Filter Type E – Sulphur dioxide and other acid gases and vapours. * Filter Type K – Ammonia and organic ammonia derivatives. * Class 2 filter – Medium absorption capacity filter. * P3 particulate filter – All particulates including highly toxic materials. |