

## **HEALTH & SAFETY**

## OCCUPATIONAL HEALTH MONITORING PROTOCOL

#	HAZARD	PEOPLE AT HIGH RISK	INITIAL CHECK	ONGOING MONITORING				
Hazardous manual handling and ergonomics: Supervisors to organise manual handling training and ergonomic review of work area. Refer to safety topics web pages: Hazardous manual handling and Ergonomics.								
1	Hazardous manual handling including repetitive and extended period in a restricted position, word processing and data entry.	All staff are at risk, however those with pre- existing musculoskeletal injuries may be at heightened risk	Contact occupationalhealth-info@unimelb.edu.au if increased risk.	Review on individual basis.				
Noise and respiratory hazards: Supervisors to ensure staff attend the Occupational Health facility for hearing and lung function testing within 3 months of commencement. For diving please refer to AS/NZS 2299.2.								
3	High noise levels requiring hearing protection.	Previous exposure to high noise. Existing hearing loss. Ongoing exposure to high noise.	Baseline audiometry within 3 months of commencing employment. Check previous noise exposure history and audiograms.	Audiometry every 2 years, more frequently if indicated by previous hearing loss.				
4	Operations producing dust i.e. Lung irritants, animal dander, welding, epoxy resins	History of asthma or other respiratory disorders. Ongoing exposure to lung irritating products.	Baseline lung function testing (spirometry) within 3 months of commencing employment. Check previous exposure history and spirometry records.	Spirometry every year, more frequently if indicated by previous respiratory disorders.				
5	Scuba diving	Certain conditions exclude individuals from obtaining clearance for scuba diving.	Full diving medical by an approved medical practitioner.	Annual scuba diving medicals must be performed to maintain SCUBA licence.				
Hazardous substances: Supervisors to ensure staff have appropriate training and screening within 3 months of commencement. Refer to Health & Safety: Chemical requirements and appropriate screening as per OHS  Act 2004 (Vic) and OHS Regulations 2017 (Vic) and Chemical management guidelines								
6	Toxic solvents and heavy metals	Past history of illness (affecting the liver, kidneys, any malignancy or immune deficiency disorders, including leukaemia).	Tests as required by hazardous chemical protocols, (this may include pathologies and spirometry).	Tests as required by hazardous chemical protocols.				
7	Carcinogens Schedule 5A and Schedule 5B	Any exposure to carcinogenic substances	Tests required by carcinogenic substances protocols, (this may include pathologies, spirometry and x-rays).	Tests as required by carcinogenic substances protocols.				
8	Herbicides and pesticides	Heavy past exposure.	Pathology testing as indicated by nature of substance and level of exposure	Testing as indicated by nature of substance and level of exposure				

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Mic	Microbial/Biological: Supervisors to ensure staff arrange for appropriate vaccination within 3 months of commencement, refer to Occupational Health. Also refer to the Australian Government Department of Health								
and	nd Ageing, <i>Australian Immunisation Handbook</i> , 10 <sup>th</sup> ed: <u>Vaccination for people at occupational risk</u>								
9	Recombinant DNA	Past history of malignancy and	PC 3 and above to seek medical opinion.	As indicated by PC level.					
		immunocompromised individuals.							
10	Infectious micro-organisms	Ensure childcare workers, Health Care workers	For individual assessment relating to	Screening as required for exposures/risks					
		and "at risk" Laboratory workers are immunised.	exposures/risks and previous vaccinations.	identified. May require annual screening.					
11	Use or care of animals; (rats, mice, rabbits, guinea	History of asthma, hay fever, eczema and	Spirometry, RAST (radioallergosorbent blood test)	Spirometry testing yearly.					
	pigs, cats, bats, foul/birds, primates, native fauna,	allergies.	may be required for identification of allergy						
	cattle, sheep, goats and other furry animals)	Female and pregnant/wishing for pregnancy.	susceptibility.	Hepatitis B titres.					
		Immunocompromised individuals	Q Fever immunisation for specified animals						
			(cattle, sheep, goats, wallabies, kangaroos,	Rabies boosters/serology for those classified as					
			bandicoots, feral cats and dogs).	having ongoing occupational exposure to rabies					
			Hepatitis A/B, MMR, Pertussis, Varicella						
			vaccination and TB/Mantoux screening may be	Potential re-checking of serology for					
			indicated if working with primates.	immunocompromised individuals					
			Rabies vaccination may be indicated if working						
			with bats.						
12	Visiting an abattoir or working with samples from	Vaccination is determined by a Doctor and based	Q Fever immunisation for specified animals	Life time vaccination.					
	an abattoir. (Including trade staff and cleaners)	on previous exposure to Q Fever disease.	(cattle, sheep, goats, wallabies, kangaroos).						
13	Unfixed human blood or tissue	Persons working with unfixed human tissue, First	Check Hepatitis B status. Immunise if required.	Hepatitis B titre, (HIV and Hepatitis C screen if					
		aiders and persons involved with injury treatment.	Pathology, Microbiology and Immunology staff	requested but not compulsory).					
			required serology tube to be sent for storage.	Hepatitis B booster if required.					
			May require Hepatitis A (if working with GI tissue						
			and faecal matter).						
14	Childcare	Back injury or other musculoskeletal injury, and	Check immunisation history and upgrade as	Ensure immunisation kept up-to-date.					
		immunocompromised staff.	necessary.						
			Immunisation required for Hepatitis A and B,						
			Tetanus, Measles, Mumps, Rubella, Varicella						
			(Chicken Pox), Pertussis (Whooping cough),						
			Meningococcal Meningitis, and Polio.						
			Suggested annual Influenza vaccination.						
15	Exposure to sewerage or rubbish collection	Plumbers, and other workers in regular contact	Check Hepatitis A Serology.	Booster(s) if required.					
		with untreated sewage.	Check Tetanus status.	Tetanus vaccination reviewed at time of					
				commencement, booster required at 50 years, or					
				if Tetanus prone injury occurs.					

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16	Incidental work requiring any of the above		Check immunisation history and upgrade as	Ensure immunisation kept up-to-date.				
			necessary.					
			Seek advice from Occupational Health regarding					
			any hazards not mentioned above.					
17	Catering	Persons involved with food preparation.	Check history of Hepatitis A, skin complains or	Hepatitis A vaccination.				
			recent overseas travel.					
Lase	I er: Refer to: Non-ionising radiation risk management pro	I ocedure and the Australian Radiation Protection and	Nuclear Safety Agency. Staff are required to have visual	al acuity checks prior to and post laser project as per				
	Laser: Refer to: Non-ionising radiation risk management procedure and the Australian Radiation Protection and Nuclear Safety Agency. Staff are required to have visual acuity checks prior to and post laser project as per AS 2211: Safety of Laser Products. Contact UMeyecare							
18	Lasers - class 3 or higher	Past history of eye problems.	Grades 3B or 4 Laser to have vision testing at the	Vision testing required by University Eye Care at				
			University Eye Care prior to commencement of	commencement of program and completion of				
			program (to be organised by department	program.				
			supervisor/manager; with specifying class of laser					
			equipment used). If class not specified contact					
			department for information.					
19	UV Radiation i.e. Outdoor workers	Check for history of Melanomas.	Encourage appropriate clothing, eyewear and hat.	Yearly skin monitoring for changes to moles and				
			Encourage skin check program with local GP.	lesions.				
Oth	Other exposures							
20	Overseas travel (Refer to Smart traveller for general	Past history of Malaria, Dengue Fever, potential	Check basic immunisations for all destinations,	Ensure immunisations are kept up-to-date. This				
	travel advice.)	for pregnancy, Chronic Illness, i.e. diabetes,	Polio, Measles, Mumps, Rubella, Chickenpox, Hep	must be done on an individual basis.				
		asthma, arthritis or immunocompromised.	A & B, Influenza and Tetanus should be	Recommendations change regularly, ref to				
			considered.	Department of Foreign Affairs and Trade (DFAT).				
			Other immunisations and anti-malarial medication					
			should be discussed with Occupational Health at					
			least 6 weeks prior to departure.					
21	Other hazardous equipment use		Seek advice from Occupational Health regarding					
			any hazards not mentioned above					
22	Other potential hazards not mentioned above		Seek advice from Occupational Health regarding					
			any hazards not mentioned above					

For more information refer to the <u>Health & Safety: Health surveillance requirements matrix</u> or email: <u>occupationalhealth-info@unimelb.edu.au</u>